UC Riverside
RESEARCH INFORMED CONSENT

Student Perceptions of Mental Health Resources

Investigator:

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Key Information about This Research Study

This section provides highlights of this research study to help you decide whether or not you should participate. Carefully consider this information and the more detailed information provided below the section. Please ask questions about any of the information you do not understand before you decide whether to participate.

- **Purpose**: This is a research study exploring student perceptions of mental health resources available at UCR. We want to know how students learn about and access resources available to them. Additionally, this study hopes to address areas for improvement and students' opinions on current resources.
- **Procedures:** Participation in this study will involve a one-on-one interview with the researcher via Zoom. It is expected that your participation will last 45-60 minutes.
- **Risks:** Risks of this study are expected to be minimal. Some of the foreseeable risks or discomforts of your participation include emotional discomfort from talking about your knowledge and use of mental health resources on campus. Additionally, since identifiers are being collected a breach of confidentiality is a possible risk. However, researchers will take precautions with how your data is handled and stored to reduce this risk.
- **Benefits:** You will directly benefit from this research. A benefit of participating in this research is that you will learn more information about mental health resources that are available to you as a UCR student.
- **Alternatives:** Your alternative to participating in this research study is to not participate.
- **Compensation:** You will receive a $20 gift card of your choosing upon completion of the interview for your participation. This payment will be issued immediately after the interview.

- **Voluntary Participation:** Your participation in this study is voluntary. You can decide to participate or not to participate, or to withdraw from it at any point without penalty or loss of benefits to which you are otherwise entitled to or already have.

The remainder of this form contains a more complete description of this study.

Purpose

You are being asked to participate in a research study because you are a UCR student who is 18 years or older. This is a research study exploring student perceptions of mental health resources available at UCR. We want to know how students learn about and access resources available to them. Additionally, this study hopes to address areas for improvement and students' opinions on current resources. The study researchers, Craig Vaughn and Portia Twidt from the UCR Department of Research Administration and Compliance, will explain this study to you.

Investigator Financial Conflict of Interest

No one on the study team has a disclosable financial interest related to this research project.

What happens if I say yes, I want to be in this research?

If you decide to participate in this research study, the researchers will ask you to:

- Participate in a one-on-one interview at a time of your choosing via Zoom.
- The interview should take 60-75 minutes to complete.
- With your permission, the interview will be recorded. After the interview, the researchers will create a transcription of the interview recording or notes and will remove any mention of your name or others' names from the recording. The recording will be destroyed once the transcription has been made.
- The interview will cover questions about your perceptions of mental health resources, use of mental health resources, and knowledge of resources available to you here at UCR. Additionally, we will ask for information about your background (i.e., demographic information).
- **Study location:** All procedures will be done remotely via Zoom.

What happens to the information collected for the research?

Information [and/or specimens] collected for this research will be de-identified as soon as possible. Once transcriptions are complete, the recordings will be deleted. The transcriptions will be de-identified and assigned a code that will be linked to your name in a separate file. Data will be linked only for the purpose of allowing you to review the transcriptions. Once you've reviewed the transcription and provided your approval, the code matching your transcript to your name identity will be deleted. You can request that your data be withdrawn until the data has been de-identified. De-identified data will be stored for up to 3 years after the conclusion of the study, after this it will be destroyed.

Identifiers might be removed from the identifiable private information. After such removal, the information could be used for future research studies or distributed to other investigators for future research studies without additional informed consent from the subject or the legally authorized representative.

Will information about me be kept private?

We will do our best to make sure that the personal information gathered for this study is kept private. However, we cannot guarantee total privacy and if required by the law, your personal information may be disclosed. If information from this study is published or presented at scientific meetings, your name and other personal information will not be used. Authorized representatives from the following organizations may review your research data for the purpose of monitoring or managing the conduct of this study:

- The Institutional Review Board (IRB) that reviewed this research
- Representatives of the University of California

Can I stop being in the study at any time?

You can stop taking part in the study at any time. If you would like to stop, please contact the researchers via the email of phone numbers provided in the consent.

Will I receive payment for being in this study?

If you agree to take part in this research study, we will compensate you with a $20 gift card. You will be compensated for your time and effort even if you withdraw early.

Whom can I talk to?

If you have questions, concerns, or complaints, or think the research has hurt you, talk to the research team via the email addresses of phone numbers provided on the first page of the consent.

If you have questions about your rights or complaints as a research subject, please contact the IRB Chairperson at (951) 827 - 4802 during business hours, or to contact them by email at irb@ucr.edu.

CONSENT

You have been given a copy of this consent form to keep.

Participation in research is voluntary. The decision to participate, or not participate, is solely up to you. You have the right to decline to be in this study, or to withdraw from it at any point without penalty or loss of benefits to which you are otherwise entitled to or already have.

If you wish to participate in this study, you should sign below.

Date

Participant's Name (Print)

Participant's Signature for Consent

As the research study includes digital recordings, please specify below if you wish to be recorded.

___ Yes, I consent to be audio/video recorded.
___ No, I do not consent to be audio/video recorded.